## common sense education\*

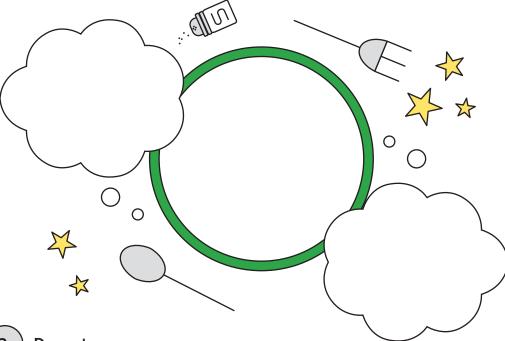
## **#DeviceFreeDinner**

Dinner can be quite delicious if you give your guests a spoonful of fun conversation. And it doesn't have to require technology or devices! Which bites are you going to serve tonight?

0	Tonight's	Menu			
	(adjectives)				
.)	Appetizers: Start your dinner with a tasty conversation! The appetizer, also known as a starter or <i>hors d'oeuvre</i> , is usually served first. Share with your family a few things you did this week.				

## 2. Main Course:

Guests can be picky eaters! So cater to them by providing options. Think about local happenings, politics, pop culture, or world news. What are some current event topics that you can discuss at dinner tonight?



## 3. Dessert:

Give everyone a spoonful of healthy sugar. Bring the conversation back to your home and your family. How can you prompt your family members to share more? List three questions to ask that are tied to sweet memories -- for example, Who was your best friend in kindergarten? What do you remember most about this person?

1.			

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